



10TH EDITION

CAHOCON

**20
26**

First ISQua Regional Conference For South Asia

PRE-CONFERENCE WORKSHOP
HEART OF QUALITY, REHAB
EXCELLENCE IN ACTION



Friday
10th April
2026



9:00 AM
TO
4:30 PM



Frontier Lifeline Hospital,
Chennai

CAHO GLOBAL REHAB
QUALITY FORUM

globalrehabforum@caho.in

SPOC Information

Ms. Sandhya Cherian |  **+91 99629 96241**

R-30C, Ambattur Industrial Estate Road, Mogappair,
Chennai, Tamil Nadu 600101

Registration, Inauguration and Lamp lighting 9:00

Welcome address: Sandhya Cherian
 Vice President, Frontier Lifeline Hospital, Chennai

9:45

The revolution called CAHO Global Rehab Quality Forum

Dr.Saril.V.S

Chairperson-CAHO Global Rehab Quality Forum,
 Senior General Manager- Advanced Rehabilitation Services-KD Hospital, Ahmedabad, Gujrat

Distinctive Rehabilitation Specialties - The future is here!

Facilitator: Dr.Veena Nambiar

CGRQF Core Committee Member, Professor, Ramaiah College of Physiotherapy, Bangalore

10:00

Quality assurance in Post transplant Cardiac Rehabilitation

Dr.Sanjay M Cherian

Senior Cardiac Surgeon, Frontier Lifeline Hospital, Chennai, Tamil Nadu

10:10

Quality assurance in Sports rehabilitation

Dr.K A Thiagarajan

Professor & HOD- Sports Medicine, Sri Ramachandra Medical College, Chennai, Tamil Nadu

10:20

Quality Assurance in Renal Rehabilitation

Dr. Bharat B. Tiwari (PT)

I/C Principal, IKDRC-ITS College of Physiotherapy, Institute of Kidney Disease and Research Centre (IKDRC), Ahmedabad, Gujrat

10:30

Quality assurance in Neurorehabilitation

Dr. R.Karthikeyan

PMR Professor and Head, SRM Medical College Hospital and Research Centre, Kattankulathur, Tamil Nadu

10:40

Quality assurance in Geriatric rehabilitation

Dr. Ashuthosh U Nayak (PT)

Physiotherapy Specialist – Geriatric Rehabilitation, Sakra World Hospital, (JV Secom & Toyota Tsusho, Japan), Bangalore, Karnataka

10:50	Quality Assurance in OBG rehabilitation	Dr. Shalini Nair (PT) OBG Physiotherapy consultant, Cloud Nine Hospital, Bangalore, Karnataka
11:00	Quality Assurance in Onco Rehabilitation	Dr. Prasanna Hegde (SLP) CGRQF Core Committee Member, Consultant Speech and Swallow Specialist, HCG Hospital, Bangalore, Karnataka
11:10	Quality Assurance in Community based rehabilitation	Dr. Arputh Martin Sam (OT) Program Manager, Occupational Therapist - CBR Program, Herbertpur Christian Hospital, District Dehradun, Uttarakhand
Refreshment Break 11:25		
11:40	The science of clinical music therapy in rehabilitation	Dr. Purvaa Sampath Clinical Music Therapy and Expressive Art Therapy, Mayahs' Universe, Bangalore
11:50	Hands-on music therapy practice	
Lunch Break 12:45		
“Rehab Tech Talk”		
Facilitator: Dr.Jeba Shakila (PT) CGRQF Core Committee Member, HOD, Meenakshi Hospital, Thanjavur, Tamil Nadu		
14:00	Quality driven research and innovation in rehab technology	Dr.Sujatha Srinivasan Professor & Head, TTK Center for Rehabilitation Research and Device Development (R2D2), Indian Institute of Technology, Madras

Innovative Rehab Tech Solutions – Make Way for “Make in India”

14:15	Digital Knee Report Card	Dr. Varunkumar Ramkumar Nambikkai Rehabilitation Devices Knee Pvt. Ltd., Chennai, Tamil Nadu
	Customized Mobility Solutions	Mr. Siddarth Daga NeoMotion Assistive Solutions Private Limited, IITM Incubation Cell, IIT Madras Research Park, Chennai, Tamil Nadu
	Multilimb robotic rehabilitation device	Mr. Srinivas Adepu Rymo, Mumbai
	VR based Hand Rehabilitation System for training and Assessment of fine motor movements - Lab to Market journey of RehabRelive Hand Robotics	Ms. Rupsha Mukherjee Galanto Innovations Pvt Ltd, Ahmedabad, Gujrat
	ReMind VR: The Future of Multidisciplinary Rehabilitation – Accelerating Neuroplasticity with Immersive Virtual Reality	
	Transforming Rehabilitation & Recovery Through SPOT, a Visal/audio cue sensor based device	Mr. Venkat Rao Vallapaneni Soc Optimum Pvt Ltd (branded as ROPODS), Bangalore, Karnataka
	Game Based Rehabilitation using ArmAble	
	One stop Fashion studio for the Persons with Disabilities - Adaptive Clothing for Rehab and Post Rehab Care continuum	Ms. Brinda Pancholi Multifly Lifestyle Private limited, Bangalore, Karnataka
	Plug and Train Robot for Hand Rehabilitation	

15:00	Quiz Competition, Theme: Rehab Quality and patient safety	<p>Quiz Master: Dr.Komal Agarwal (PT) CGRQF Secretary, Asst. Rehabilitation Officer and Incharge, Sakra World Hospital (JV Secom & Toyota Tsusho, Japan), Bangalore</p>
15:20	Yoga for Rehab Professionals - Practice Session	<p>Dr. D. Gopinath (PT) Sr. Physiotherapist, Assistant Physiotherapy HOD, Frontier Lifeline Hospital, Chennai</p>
Refreshment Break 15:30		
Valedictory Function		
<p>Facilitator: Dr.Sanjeev Padankatti (OT) CGRQF Core Committee Member, Professor & HOD, College of Occupational Therapy, CMC Vellore, Tamil Nadu</p>		
15:45	CAHO Global Rehab Quality Forum – The way forward	<p>Dr.Salumon Chandrasekharan Co-chairperson CAHO Global Rehab Quality Forum, Operations and Quality Specialist, Emirates Health Services, MOH, UAE</p>
15:50	Award Ceremony	<ul style="list-style-type: none"> • Prize for Most impactful Speaker of the day • e-Poster Competition - clinician • e-Poster Competition - students • Best reel Competition • Rehab Quality Champion Award
Vote of Thanks 16:30		
<p>Dr. Rosemary (PT), Sr. Physiotherapist, HOD-Physiotherapy, Frontier Lifeline Hospital, Chennai</p>		

REHAB TECH EXPERIENCE STALLS

live demo of advanced Rehabilitation Technology



REHAB QUALITY CHAMPION AWARD

Eligibility Criteria:

The nominee must be a healthcare professional working in the field of rehabilitation. Any healthcare professional, including but not limited to, occupational therapists, physical therapists, speech therapists, P&O, nurses and physicians, who have made significant contributions to rehabilitation quality.

Nomination Criteria:

Nominees must demonstrate exceptional leadership, innovation, and commitment to improving rehabilitation quality. The nominee must have made significant contributions to establishing and improving quality in rehabilitation services.

Nomination Deadline:

Nominations must be emailed to globalrehabforum@caho.in by Sunday, 22nd March 2026.

Nomination Requirements:

The nomination email must include a Microsoft Word attachment with Nominee's name, professional title, and contact information. A brief summary (min. 250 words) of the nominee's contributions to rehabilitation quality.

Supporting documents (e.g., CV, letters of recommendation, certificates). A letter of recommendation from a supervisor, colleague, or patient must be included with the nomination form. Additional supporting documents, such as certificates, awards, or publications, may be included to support the nomination. Please scan all supportive documents as a single PDF file and attach in the mail.

Evaluation Criteria:

Leadership and Innovation (30%), Quality Improvement Initiatives (25%), Patient-Centered Care (20%), Collaboration and Teamwork (15%), Sustainability and Impact (10%)

Confidentiality:

All nominations and supporting documents will be kept confidential.

E-POSTER COMPETITION – FOR STUDENTS AND CLINICIANS

Theme: Quality and Safety in Rehabilitation Services

An E-Poster is an electronic version / PDF of a poster presentation. The E-Poster may include text, figures, charts, tables, images, and artwork but does not include any audio and web links.

The poster size shall be of 53.2 cm x 93 cm (W x H) (9:16 aspect ratio). The poster will be displayed on a Digital display Unit. Minimum font size of 24pt shall be used. Recommended Font Types: Calibri, Arial, Times New Roman
If you are creating your E-Poster on a PC, please make sure to save your formulas as an image and embed it into your presentation or they may change during display.

Please do not include audio in your presentation. Do not include hyperlinks as there will be no internet access on the E-poster screens.

Nomination Deadline:

Please name your file as "Poster-XYZ (Title) XXXXX. PDF/JPG". Please send your e-poster as an email attachment to globalrehabforum@caho.in by Sunday, 22nd March 2026.

Organizer will load your e-poster on the respective e-poster panel.



BEST REEL COMPETITION

Theme: Quality driven rehabilitation

Focus on making the reel brief yet powerful and goal-oriented. Keep the duration within the prescribed limit (commonly 30–60 seconds, max 180sec) and follow the vertical (9:16) format for social platforms. Begin with a strong hook within the first 3–5 seconds to immediately capture attention, as judges often assess engagement from the opening frame. Ensure your message is clear, focused on one central idea, and avoids overcrowding with excessive text or multiple themes. Maintain visual clarity with good lighting, stable framing, clean backgrounds, and legible on-screen text. Use consistent colors and minimal typography for a professional look.

Content should be original, relevant to the theme, and structured logically—problem, insight, solution, and impact works well. Avoid overuse of transitions, filters, or distracting effects. If using music, ensure it is copyright-free and appropriate to the tone. Voiceovers should be clear, confident, and paced well; subtitles are recommended for accessibility. Maintain high audio quality with minimal background noise.

Technically, export in high resolution (preferably 1080p), check aspect ratio compliance, and verify file size limits before submission. Avoid plagiarism, unverified data, offensive content, or misleading claims.

Most importantly, judges typically evaluate clarity of concept, creativity, originality, storytelling, technical quality, adherence to theme, and overall impact. A strong reel is not just visually appealing—it communicates a focused message with precision and leaves a memorable takeaway within seconds.

Nomination Deadline:

Please send your reel to globalrehabforum@caho.in by 15th March 2026.

ON-SITE
Rs:1000



ONLINE FEE : RS 700. FOR REGISTRATION **“CLICK HERE”**

KEYNOTE SPEAKERS



DR. K A THIAGARAJAN

Professor & HOD- Sports Medicine,
Sri Ramachandra Medical College,
Chennai, Tamil Nadu



DR. SANJAY M CHERIAN

Senior Cardiac Surgeon, Frontier
Lifeline Hospital, Chennai, Tamil
Nadu



DR. R. KARTHIKEYAN

PMR Professor & Head - PMR, SRM
Medical College Hospital and
Research Centre, Kattankulathur,
Tamil Nadu



DR. SUJATHA SRINIVASAN

Professor & Head, TTK Center for
Rehabilitation Research and Device
Development (R2D2), Indian Institute
of Technology, Madras



DR. BHARAT B. TIWARI (PT)

I/C Principal, IKDRC-ITS College of
Physiotherapy, Institute of Kidney
Disease and Research Centre
(IKDRC), Ahmedabad, Gujrat



DR. PRASANNA HEGDE (SLP)

CGRQF Core Committee Member,
Consultant Speech and Swallow
Specialist, HCG Hospital, Bangalore,
Karnataka



DR. PURVAA SAMPATH

Clinical Music Therapy and
Expressive Art Therapy, Mayahs'
Universe, Bangalore



DR. ARPUTH MARTIN SAM (OT)

Program Manager, Occupational
Therapist - CBR Program, Herbertpur
Christian Hospital, District Dehradun,
Uttarakhand



MR. GOPINATH

Frontier Lifeline Hospital, Chennai



DR. SHALINI NAIR (PT)

OBG Physiotherapy consultant,
Cloud Nine Hospital, Bangalore,
Karnataka



DR. ASHUTHOSH U NAYAK (PT)

Physiotherapy Specialist – Geriatric
Rehabilitation, Sakra World Hospital,
(JV Secom & Toyota Tsusho, Japan),
Bangalore, Karnataka

ORGANIZING CHAIRPERSON



MS. SANDHYA CHERIAN
Vice President, Frontier Lifeline
Hospital

PATRONS



DR. VIJAY AGARWAL
President CAHO



DR. LALLU JOSEPH
Secretary General CAHO



DR. SARIL.V.S
Chairperson- CAHO Global Rehab
Quality Forum



DR. SALUMON CHANDRASEKARAN
Co-chair CAHO Global Rehab Quality
Forum



DR. KOMAL AGARWAL
Secretary, CAHO Global Rehab
Quality Forum



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ROPODS

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